

2024

SEPTEMBER

B.I.C. 1: Bemis, Curtis, Dollahan, Dunn, Fitzgerald, Garcia, Hughbanks, Morris, Preston, Werner

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**HAPPY
LABOR
DAY**

3
BREAKFAST BURRITO
CRAISINS

4
DOUBLE CHOCOLATE CHIP
BAR
APPLE STRAWBERRY CRISPS

5
MAPLE PANCAKE &
CHICKEN SAUSAGE
SANDWICH
SLICED APPLES

6
PINK CONCHA
ORANGE JUICE

9
FRESH BAKED CINNAMON
ROLL
CRAISINS

10
OATMEAL CHOCOLATE
CHIP BAR
GRAPES

11
MINI CONFETTI PANCAKES
BANANA

12
ULTIMATE BREAKFAST
ROUND
SLICED APPLES

13
WHITE CONCHA
APPLE JUICE

16
EGG & CHEESE BREAKFAST
SANDWICH
CRAISINS

17
FRENCH TOAST BAR
GRAPES

18
FUN N' FRUITTI WAFFLE
APPLE-STRAWBERRY CRISPS

19
SUPER DONUT
SLICED APPLES

20
MINI CHOCOLATE MUFFIN
W/STRING CHEESE
ORANGE JUICE

23
MINI CINNI'S
CRAISINS

24
CHOCOLATE MUFFIN
GRAPES

25
BREAKFAST CLUSTER
BANANA

26
HONEY SCOOTERS
SLICED APPLES

27
HOMEMADE BANANA
BREAD
APPLE JUICE

30
POP-TART
CRAISINS

VITAMIN B12 supports energy, brain function and mood.
VITAMIN B12 can be found in: Poultry, Eggs, Milk, Yogurt, Cheese, Bananas, and Fish.

